



September 2013

MVQ Newsletter

Minutes Submitted by Jean Thielges

The Missouri Valley Quilters Meeting was held at the House of Prayer on August 15, 2013.

After President JoLayne Waller called the meeting to order, members enjoyed the Pot Luck supper.

UFO's will be shown at the next meeting on September 19th.

The Hills City Quilt Show will be held in Hills City, SD on September 14th and 15th.

Terry Stegmiller would like to resign her position as our web site manager. Members were asked if anyone was interested in volunteering for the position. No one responded.

Members discussed quilt shops that they enjoyed visiting over the summer. Two shops mentioned were Eagle Creek Quilt Shop in Shakopee, MN and Red Pine in Detroit Lake, MN.

Show and Tell was held.



Board Members

President

JoLayne Waller

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Vice-President

Michelle Ripplinger

663-1510

Treasurer

Barb Wrolstad

258-8462

Secretary

Jean Thielges

258-6623

Newsletter Editor

Deb Knudson

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Board Meeting Submitted by Jean Thielges

The board meeting of the Missouri Valley Quilters was held at Schlotsky's Deli on Wednesday, August 28, 2013. Those present were JoLayne Waller, Michelle Ripplinger, Barb Wrolstad, Deb Knudson, Penny Wolf, and Jean Thielges.

Jean Thielges picked up two electronic keys from the House of Prayer. One was signed out to Jean, and the other will be signed out to Michelle Ripplinger. These keys will open two of the sets of doors on the south side of the building. The southwest door that members normally use will need to be opened from the inside, after entering the building from one of the other two doors.

Michelle volunteered to change/update the guild's brochure. It was suggested that area codes be included in the list of each member's telephone numbers since many cell phone numbers now use area codes other than 701. A quilt project that Deb Knudson found on the internet called "Picnic in the Park" from Missouri Star Quilt Co. will be offered at the October "Girls Night In" meeting. A list of supplies needed will be given in the September newsletter. Options for filling the web site manager position were discussed. A decision was made to purchase three ten dollar gift certificates for the drawing at the September meeting for members who finished their UFO projects. We discussed a possible program for November. The big Show and Tell is usually January's program. The timing and location of future Board Meetings was discussed.

If you have any information you would like included in the next newsletter please call or email the editor.

Newsletter deadline is the first Tuesday of the month.

September Meeting

The September meeting begins a new year for the guild with election of officers and payment of dues for the 2013-2014 year. Dues remain \$15 and are payable at the September meeting.

Save The Date

September 14 & 15, 2013, **Hill City Quilt Show**
Hill City, SD

September 27-29, 2013 **Indian Summer Quilt Show & Conference**
Fargo, ND
<http://www.ndquilts.com/summer-quilt-show-isqsc/>

October 18-20, 2013, **Quilting on the Red Quilt Show**
Grand Forks, ND



September Hostess

Michelle Collins and Jan Hokenstad

Remember part of the hostess duties are KP. Thanks

Help Wanted!!

Needed - a webmaster for the MVQG website. Terri Stegmiller who has been the webmaster for several years would like to step down. Terri is a busy gal; teaching, designing patterns, writing articles, painting fabrics, etc. Check out her website and see what I mean <http://terristegmiller.com/>. You can even buy a skin for your iPad! Anyway we need a webmaster. The primary duty is posting the newsletter to the website every month as well as any special events. For more information call Terri @ 663-2234

WAGON WHEEL PASTA SALAD (Melinda Snell)

Dressing:

1/2 cup olive oil
 3-4 Tbsp. Lime Juice
 1 Tbsp. cumin
 1-2 tsp. chili powder
 2 garlic cloves, minced

Whisk together dressing ingredients.

Salad:

1 # wagon wheel pasta
 1 can black beans, drained & rinsed
 1 10 oz package frozen corn
 2 medium tomatoes, seeded & diced
 8 oz shredded Mexican blend cheese
 1-1/2 cups salsa

1/2 cup chopped fresh cilantro, freshly ground pepper & salt to taste, 1 avocado, diced

Cook pasta al dente according to package directions. Drain & rinse with cold water. In large bowl combine salad ingredients. Add cooled pasta & mix well. Pour the dressing over the salad, add the cilantro and mix well. Season to taste with salt and pepper. Just before serving, stir in the diced avocado.



NORTH SHORE CHICKEN SALAD (Barb Emery)

Dressing:

2 large garlic cloves, minced
 1 Tbsp. Dijon mustard
 1/2 tsp salt
 1/4 tsp freshly ground pepper
 1/4 cup rice wine vinegar

1/3 cup vegetable oil
 Combine in food processor and blend thoroughly.

Salad:

4 cups cooked wild rice (cook in chicken stock)
 Juice of 1/2 lemon
 3 whole chicken breasts (cooked and cubed)
 3 green onions – sliced
 1 red pepper, chopped
 pea pods (approx. 8 oz bag- sliced)
 2 avocados and 1 cup toasted whole cashews

Toss warm rice with lemon juice in bowl and cool. Add chicken, onions, red pepper, and pea pods. Toss with some of the dressing. Cover and refrigerate 2-4 hours. Taste and add dressing as needed. You can make the rice and chicken the night before and prep the veggies. In the morning put all together with dressing and chill before serving.

Top each serving with avocado slices and cashews.

Ultimate Garage Sale

"Ultimate Quilters / Sewers Garage Sale"

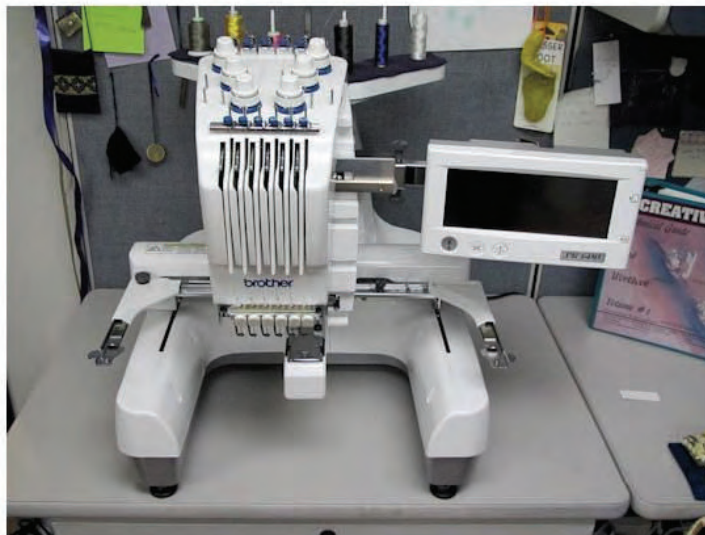
Our quilting friend, Jeannette Wagner, passed away January of this year. Her husband is now able to deal with her "Stash". He asked Jenny and Edie to help him out. She was an amazing quilter, machine embroiderer, crafter and doll clothes maker.

We have put together a TON of fabric - Quilters cotton, flannel, ultra suede, corduroy, pre-quilted fabric, minky, felt, fleece, some of that glitzy stuff and even some mystery fabric. LOTS of buttons, stabilizers, batting, notions, books, kits, unfinished projects, orphan blocks, lace, ribbon, thread, hats to embroidery on, a dress form, knickknacks, gift bags and SO much more! Also a Brother PR600 6 needle 8x12 Embroidery machine. (See attached file)

A true quilters dream at great prices !!!!!
Advertised only to Bismarck Guilds for Thursday, September 12th - 9am to 7pm
(be sure to share information with your quilting / sewing friends)

Then to the public - Friday September 13th - 9am to 7pm
and Saturday September 14th - 9am to 5pm
908 N 29th St. Bismarck

Any questions contact: Edie Scherr cell (701) 391-5370 or e4quilts@bis.midco.net
or Jenny Yearous 255-6942



For Sale Brother PR 600, 6 Needel 8x12 Embroidery Machine, like new last serviced 11-2012, has 8 hoops USB port, Cap Embroidery Holder and extras. Contact Duane Wagner at 701-223-2812 or 701-226-8063 for sales price.

Planning Ahead – October Girls Night In

For the Girls Night In project Deb Knudson will be demonstrating a **QUICK** and **EASY** method for using jelly rolls. It's a form of tube quilting and it is amazing. For a look at the method go to the following link, <http://www.youtube.com/user/MissouriQuiltCo> and search for the "Summer in the Park" tutorial. Here is another link for a free pattern based on this same method.

<http://englandstreet.blogspot.com/2012/08/salt-air-summer-in-park-quilt.html>

Since not everyone may want to jump into an entire quilt Deb is working up seasonal table runners, guaranteed able to complete during the evening. These will be available at September's meeting so you can get an idea of whether you might want to try a table runner or jump right in with the quilt. I think after seeing the video you just might want to do the whole quilt. Possible block layouts below.

Supplies:

For the **table runner** - there are no rules so these fabric requirements are just an idea to go by. Select 3 to 4 fabrics that work well together, roughly $\frac{1}{4}$ to $\frac{1}{2}$ yard cuts. If you choose one background or one "focus" fabric these should be $\frac{1}{2}$ yard cuts. W.O.F. (42") works best.

For the **quilt** – Two jelly rolls; one being a good contrast from the other. I'm using a solid white jelly roll and a Moda Me and My Sisters Designs in various bright shades of blue, aqua, green, pink and orange. You can also just cut your own 2 $\frac{1}{2}$ " strips in place of the jelly rolls.

Sewing Machine, basic sewing supplies, spray starch or sizing, or Best Press. A large square ruler with a 45 degree marking down the middle.



MVQ Newsletter

Deb Knudson
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September Meeting

August 19th, 6:30 pm @ House of Prayer

2013-2014 Guild Year Begins

Election of Officers

Preview of Girls Night In Project